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Deming- Day Hab
709 S. Copper St
Deming, NM 88030

575-936-4177
575-936-4251

Dominguez, Dominic

ID: 1000010739500 DOB: 5/21/1996

Progress Note (Deming)

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CONTENT OF THERAPY:
This session the focus was on feelings of anxiety.

THERAPEUTIC INTERVENTION:
The main therapeutic techniques used this session involved methods of facilitating communication of feelings. Instructions were given in today's session regarding helping to clarify areas of difficulty and to develop coping skills and to manage stress. Instructions were given regarding providing peer support through common themes. Support and structure was given as part of today's session. The main therapeutic techniques used this session were supportive. Encouragement to ventilate feelings was also given to the patient.

MENTAL STATUS EXAM: Dominic presents as friendly, attentive, communicative, casually groomed, but tense, but appears anxious. He exhibits speech that is normal in rate, volume, and articulation and is coherent and spontaneous. Language skills are intact. Mood presents as normal with no signs of either depression or mood elevation.

MEDICAL HISTORY:
History of migraines since age 16. Didn't like the side effects

No current meds
No known allergies
Medical history is negative and Dominic has no history of serious illness, injury, operation, or hospitalization. Does not have a history of asthma, seizure disorder, head injury, concussion or heart problems. No medications are currently taken.

DIAGNOSES: The following Diagnoses are based on currently available information and may change as additional information becomes available.

Major depressive disorder, single episode, severe with psychotic features, F32.3 (ICD-10)
(Active)

INSTRUCTIONS / RECOMMENDATIONS / PLAN:

I FVEI OF CARE . JUSTIFICATION: